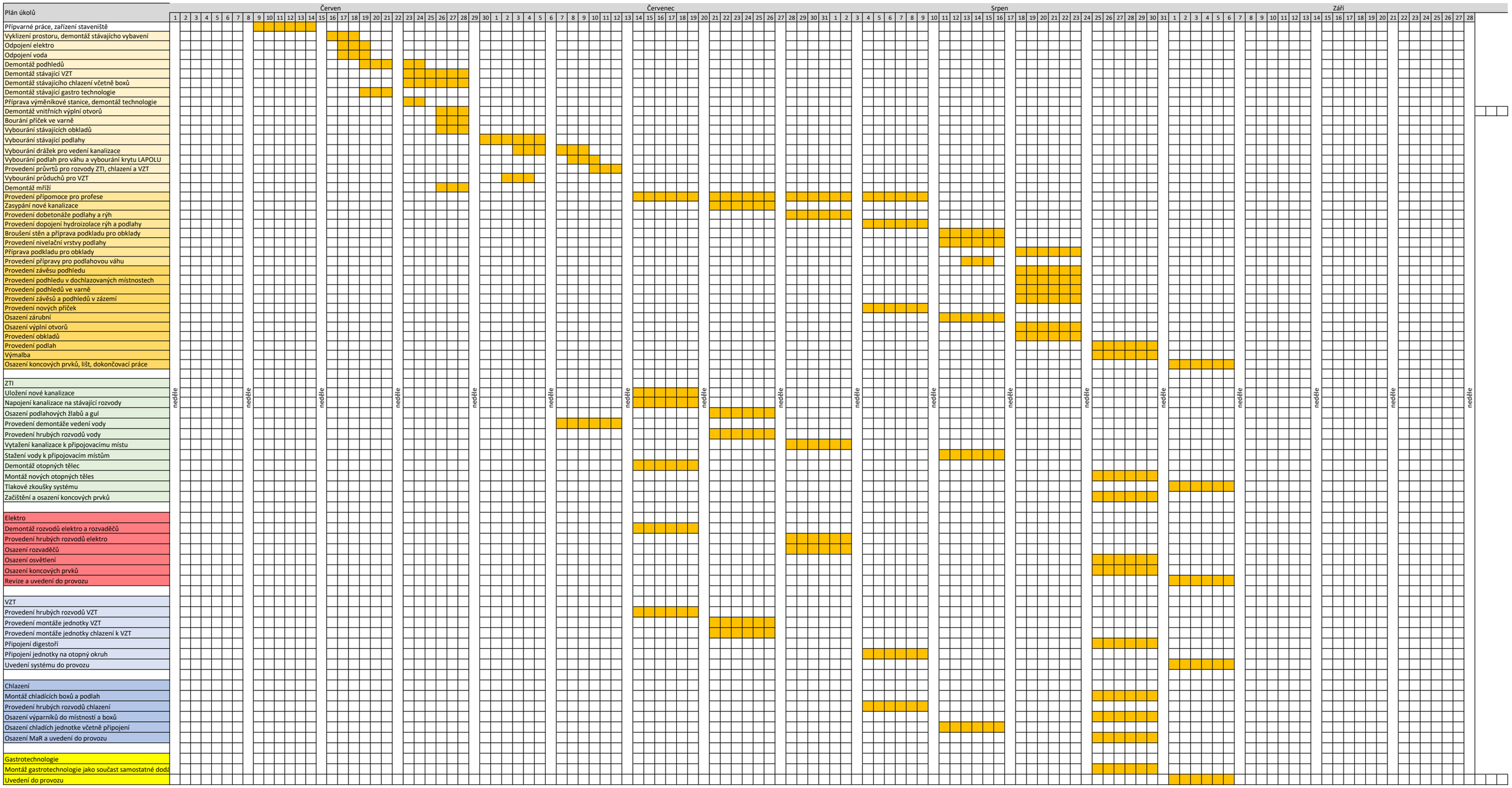Kuchyně Helenín